



**Supplementary Figure.** Schematic feature of Valsalva test and sympathetic indexes (SIs), including the reduction of systolic blood pressure (BP) decrement in early phase II (SI 1), magnitude of systolic blood pressure increment in late phase II (SI 2), difference in BP between the baseline and the end of phase 2 (SI 3), magnitude of systolic BP increment in phase IV (SI 4), pressure recovery time in phase III (PRT, SI 5). PRT; pressure recovery time.