

Appendix 3. Symptom grade of orthostatic intolerance

	Orthostatic symptoms	Standing time (minutes)	Activities of daily living	Blood pressure
Grade I	Infrequent, inconsistent, or only if orthostatic stress	≥15	Unrestricted	May or may not be abnormal
Grade II	Frequent (≥once weekly), commonly with orthostatic stress	≥5	Some limits	Some changes (OH; 50% reduction in pulse pressure, excessive blood pressure oscillations)
Grade III	On most occasions; regularly unmasked by orthostatic stressors	≥1	Marked limitations	OH present 50% of the time
Grade IV	Symptoms consistently present	<1	Seriously incapacitated; bed-ridden or wheelchair-bound; syncope/presyncope with attempts to stand	OH consistently present

Adapted from Low et al.⁴⁸ with permission.
OH; orthostatic hypotension.